

**PART 1**

**PRELIMINARY**

**NAME**

1. The name of the club shall be Nepean District Athletic Club Inc..

**INTERPRETATION**

2. In these rules, except in so far as the context or subject-matter otherwise indicates or requires-"the club" means the Nepean District Athletic Club Inc.; "the ordinary member" means a member of the committee who is not an office-bearer of the club, as referred to in rule 14(1);

**"Secretary" means-**

- (a) the person holding office under these rules as secretary of the club; or
- (b) where no such person holds that office-;  
"Special general meeting" means a general meeting of the club other than annual general meeting;
- (2) In these rules-
  - (a) a reference to a function includes a reference to a power, authority and duty; and
  - (b) a reference to the exercise of a function includes, where the function is a duty, a reference to the performance of the duty.

**POWERS**

3.
  - (1) To promote and manage athletic sports meetings as from time to time may be considered expedient.
  - (2) To act alone or with any other body or representative bodies in the interests of sport and in particular athletics.
  - (3) To select, appoint, finance and control individuals and teams of athletes to represent this club as may be deemed necessary.
  - (4) To make such by-laws for administration of the club to comply with these rules.

**OBJECTS**

4. The objects of the Nepean District Athletic Club shall be to encourage and promote athletics in accordance with the laws and rules of Athletics NSW Ltd.

**PART 2**

**MEMBERSHIP**

**MEMBERSHIP QUALIFICATIONS**

5. A person is qualified to be a member of the club if, but only if-
- (a) the person is a natural person who-
    - (i) has been nominated for membership of the club as provided in the by-laws; and
    - (ii) has been approved for membership of the club by the committee of the club.
  - (b) all members of the club shall be amateurs as defined by the Athletics NSW Ltd.

**CESSATION OF MEMBERSHIP**

6. A person ceases to be a member of the club if the person-
- (a) dies;
  - (b) resigns that membership;
  - (c) is expelled from the club.

**MEMBERSHIP ENTITLEMENTS NOT TRANSFERABLE**

7. A right, privilege or obligation which a person has by reason of being a member of the club-
- (a) is not capable of being transferred or transmitted to another person; and
  - (b) terminates upon cessation of the person's membership.

**REGISTER OF MEMBERS.**

8. (1) The secretary of the club shall establish and maintain a register of members of the club specifying the name and address of each person who is a member of the club together with the date on which the person became a member.
- (2) The register of members shall be kept at the principal place of administration of the club.

**FEES SUBSCRIPTIONS ETC**

9. (1) A member of the club shall, upon admission to membership pay to the club a fee as determined by Athletics NSW Ltd.
- (2) In addition to any amount payable by the member under clause (1), a member of the club shall pay to the club an annual membership fee. Members shall pay such fees as are determined by the club at a general meeting.

## **NEPEAN DISTRICT ATHLETIC CLUB CONSTITUTION**

### **MEMBERS' LIABILITIES**

10. (1) The liability of a member of the club to contribute towards the payment of the debts and liabilities of the club or the cost, charges and expenses of the winding up of the club is limited to the amount, if any, unpaid by the member in respect of membership of the club as required by rule 9.

### **DISCIPLINING OF MEMBERS**

11. (1) Where the committee is of the opinion that a member of the club-
- (a) Has persistently refused or neglected to comply with a provision of provisions of these rules and/or by-laws; or
  - (b) has persistently and wilfully acted in a manner prejudicial to the interests of the club, the committee may, by resolution-
    - (i) expel the member from the club; or
    - (ii) suspend the member from membership of the club for a specified period.
- (2) A resolution of the committee under clause (1) is of no effect unless the committee, at a meeting held not earlier than 14 days and not later than 28 days after service on the member of a notice under clause (3), confirms the resolution in accordance with this rule.
- (3) Where the committee passes a resolution under clause (1), the secretary shall, as soon as practicable cause a notice in writing to be served on the member-
- (a) setting out the resolution of the committee and the grounds on which it is based;
  - (b) stating that the member may address the committee at a meeting to be held not earlier than 14 days and not later than 28 days after service of the notice;
  - (c) stating the date, and place and time of that meeting;
  - (d) informing the member that the member may do either or both of the following:-
    - (i) attend and speak at that meeting;
    - (ii) submit to the committee at or prior to the date of that meeting written representations relating to the resolution.
- (4) At a meeting of the committee held as referred to in clause (3), the committee shall -
- (a) give to the member an opportunity to make oral representations;
  - (b) give due consideration to any written representations submitted to the committee by the member at or prior to the meeting; and
  - (c) by resolution determine whether to confirm or to revoke the resolution.

## **NEPEAN DISTRICT ATHLETIC CLUB CONSTITUTION**

- (5) Where the committee confirms a resolution under clause (4) the secretary shall, within 7 days after that confirmation, by notice in writing inform the member of the fact and of the member's right of appeal under rule 12.
- (6) A resolution confirmed by the committee under clause (4) does not take effect-
  - (a) until the expiration of the period within which the member is entitled to appeal against the resolution where the member does not exercise the right of appeal within that period; or
  - (b) where within that period the member exercises the right of appeal, unless and until the club confirms the resolution pursuant to rule 12(4)

### **RIGHT OF APPEAL OF DISCIPLINED MEMBER**

12. (1) A member may appeal to the club in general meeting against a resolution of the committee which is confirmed under rule 11(4), within 7 days after notice of the resolution is served on the member by lodging with the secretary a notice to that effect.
- (2) Upon receipt of a notice from a member under clause (1) the secretary shall notify the committee which shall convene a general meeting of the club to be held within 21 days after the date on which the secretary received the notice.
- (3) At a general meeting of the club convened under clause (2),
  - (a) no business other than the question of the appeal shall be transacted;
  - (b) the committee and the member shall be given the opportunity to state their respective cases orally or in writing, or both; and
  - (c) the members present shall vote by secret ballot on the question of whether the resolution should be confirmed or revoked.
- (4) If at the general meeting the club passes a special resolution in favour of the confirmation of the resolution, the resolution is confirmed.

## **PART 3**

### **THE COMMITTEE**

#### **POWERS ETC. OF COMMITTEE**

13. (1) The committee shall be called the committee of management of the club and subject to these rules and by-laws and to any resolution passed by the club in general meeting-
  - (a) shall control and manage the affairs of the club;
  - (b) may exercise all such functions as may be exercised by the club other than those functions that are required by these rules to be exercised by a general meeting of members of the club; and

## **NEPEAN DISTRICT ATHLETIC CLUB CONSTITUTION**

- (c) has power to perform all such acts and do all such things as appear to the committee to be necessary or desirable for the proper management of the affairs of the club.

### **CONSTITUTION AND MEMBERSHIP**

- 14. (1) the committee shall consist of-
  - (a) the Executive of the club; and
  - (b) nine (9) office bearers (as defined by NDAC by-laws part 1 and annex A) each of whom shall be elected at the annual general meeting of the club.
  - (c) six (6) ordinary members. (as defined by NDAC by-law part 1 and annex A)
- (2) The Executive of the club shall be-
  - (a) the President;
  - (b) the Vice-President;
  - (c) the Treasurer; and
  - (d) the Secretary/Registrar.
- (3) Each member of the committee shall, subject to these rules, hold office until the conclusion of the annual general meeting following the date of the member's election, but is eligible for re-election.
- (4) In the event of a casual vacancy occurring in the membership of the committee, the committee may appoint a member of the club to fill the vacancy and the member so appointed shall hold office, subject to these rules, until the conclusion of the annual general meeting next following the date of the appointment.

## **PART 4**

### **GENERAL MEETINGS**

#### **ANNUAL GENERAL MEETINGS - HOLDING OF**

- 15. (1) The club shall, at least once in each calendar year and within the period of three (3) months after the expiration of each financial year of the club, convene an annual general meeting of its members.

#### **CALLING OF AND BUSINESS AT ANNUAL GENERAL MEETINGS**

- 16. (1) The annual general meeting of the club shall, be convened on such date and at such place and time as the committee thinks fit.
- (2) In addition to any other business which may be transacted at an annual general meeting, the business of an annual general meeting shall be-
  - (a) to confirm the minutes of the last preceding annual general meeting and of any special general meeting held since that meeting;

## **NEPEAN DISTRICT ATHLETIC CLUB CONSTITUTION**

- (b) to receive from the committee reports upon the activities of the club during the last preceding financial year;
- (c) to elect Executive, office-bearers of the club and ordinary members of the committee;
- (d) to receive and consider the financial statement which is required to be submitted to members pursuant to the income and expenditure of the club during its last financial year and the assets and liabilities of the club at the end of its financial year; and
- (e) to elect the officers and official delegates to the Athletics NSW Ltd for the coming year.

### **CALLING OF SPECIAL GENERAL MEETINGS**

17. (1) The committee may, whenever it thinks fit, convene a special general meeting of the club.
- (2) The committee shall, on the requisition in writing of not less than 25 per cent of the total number of members, convene a special general meeting of the club.
- (3) A requisition of members for a special general meeting-
- (a) shall state the purpose or purposes of the meeting;
  - (b) shall be signed by the members making the requisitions;
  - (c) shall be lodged with the secretary; and
  - (d) may consist of several documents in a similar form, each signed by one or more of the members making the requisition.
- (4) If the committee fails to convene a special general meeting to be held within one (1) month after the date on which a requisition of members for the meeting is lodged with the secretary, any one or more of the members who made the requisition may convene a special general meeting to be held not later than three (3) months after that date.
- (5) A special general meeting convened by a member or members as referred to in clause (4) shall be convened as nearly as is practicable in the same manner as general meetings are convened by the committee and any member who thereby incurs expense is entitled to be reimbursed by the club for any expense so incurred.

### **NOTICE OF GENERAL MEETING**

18. (1) Except where the nature of the business proposed to be dealt with at a general meeting requires a special resolution of the club, the secretary shall, at least 14 days before the date fixed for the holding of the general meeting, cause to be sent by pre-paid post to each member at the member's address appearing in the register of members, a notice specifying the place, date and time of the meeting and the nature of the business proposed to be transacted at the meeting.

## **NEPEAN DISTRICT ATHLETIC CLUB CONSTITUTION**

- (2) Where the nature of the business proposed to be dealt with at a general meeting requires a special resolution of the club, the secretary shall, at least 21 days before the date fixed for the holding of the general meeting, cause notice to be sent to each member in the manner provided in clause (1) specifying in addition to the matter required under clause (1), the intention to propose the resolution as a special resolution.
- (3) No business other than that specified in the notice convening a general meeting shall be transacted at the meeting except, in the case of an annual general meeting, business which may be transacted pursuant to rule 16(2).
- (4) A member desiring to bring any business before a general meeting may give notice in writing of that business to the secretary who shall include that business in the next notice calling a general meeting given after receipt of the notice from the member.

### **PROCEDURE OF GENERAL MEETING**

19. (1) No item of business shall be transacted at a general meeting unless a quorum of members entitled under these rules to vote is present during the time the meeting is considering that item.
- (2) Five members present in person (being members entitled under these rules to vote at a general meeting) constitute a quorum for the transaction of the business of a general meeting.
- (3) If within half an hour after the appointed time for the commencement of a general meeting a quorum is not present, the meeting if convened upon the requisition of members shall be dissolved and in any other case shall stand adjourned to the same day in the following week at the time and (unless another place is specified at the time of the adjournment by the person presiding at the meeting or communicated by written notice to members given before the day to which the meeting is adjourned) at the same place.
- (4) If at the adjourned meeting a quorum is not present within half an hour after the time appointed for the commencement of the meeting, the members present (being not less than 4) shall constitute a quorum.

### **EXECUTIVE MEETING**

20. (1) The Executive Committee shall meet at such times as the Executive Committee may determine and on any additional occasions as requested by the Secretary.

### **PRESIDING MEMBER**

21. (1) The president or, in the president's absence, the vice-president, shall preside as chairperson at each general meeting of the club.
- (2) If the president and vice-president are absent from a general meeting or unwilling to act, the members present shall elect one of their number to preside as chairperson at the meeting.

### **ADJOURNMENT**

22. (1) The chairperson to a general meeting at which a quorum is present may, with the consent of the majority of members present at the meeting, adjourn the meeting from time to time and

## **NEPEAN DISTRICT ATHLETIC CLUB CONSTITUTION**

place to place, but no business shall be transacted at an adjourned meeting other than the business left unfinished at the meeting at which the adjournment took place.

- (2) Where a general meeting is adjourned for 14 days or more, the secretary shall give written or oral notice of the adjourned meeting to each member of the club stating the place, date and time of the meeting and the nature of the business to be transacted at the meeting.
- (3) Except as provided in clauses (1) and (2), notice of an adjournment of a general meeting or of the business to be transacted at an adjourned meeting is not required to be given.

### **MAKING OF DECISIONS**

23. (1) A question arising at a general meeting of the club shall be determined on a show of hands and, unless before or on the declaration of the show of hands a secret ballot is demanded, a declaration by the chairperson that a resolution has, on a show of hands been carried or carried unanimously or carried by a particular majority or lost, or an entry to that effect in the minute book of the club, is evidence of the fact without proof of the number or proportion of the votes recorded in favour of or against that resolution.
- (2) At a general meeting of the club, a secret ballot may be demanded by the chairperson or by not less than 3 members present in person or by proxy at the meeting.
- (3) Where a secret ballot is demanded at a general meeting, the poll shall be taken-
  - (a) immediately in the case of a secret ballot which relates to the election of the chairperson of the meeting or to the question of an adjournment; or
  - (b) in any other case, in such manner and at such time before the close of the meeting as the chairperson directs, and the resolution of the poll on the matter shall be deemed to be the resolution of the meeting on that matter.

### **SPECIAL RESOLUTION**

24. (1) A resolution of the club is a special resolution if-
  - (a) it is passed by a majority which comprises not less than three-quarters of such members of the club as, being entitled under these rules to do so, vote in person or by proxy at a general meeting of which not less than 21 days' written notice specifying the intention to propose the resolution as a special resolution was given in accordance with these rules.

### **VOTING**

25. (1) Upon any question arising at a general meeting of the club a member has one vote only.
- (2) All votes shall be given personally or by proxy but no member may hold more than 5 proxies.



## **NEPEAN DISTRICT ATHLETIC CLUB CONSTITUTION**

- (3) In the case of an equality of votes on a question at a general meeting, the chairperson of the meeting is entitled to exercise a second or casting vote.
- (4) A member or proxy is not entitled to vote at any general meeting of the club unless all money due and payable by the member or proxy to the club has been paid, other than the amount of the annual subscription payable in respect of the then current year.
- (5) Members aged 18 years and over shall be entitled to vote at all general meetings. Members under the age of 18 years shall be entitled to vote only on matters in respect to their class of members.
- (6) Non-Members have no voting rights with exception to the following:
  - (a) a Non-Member may vote on behalf of a member if all of the following apply:
    - (i) the non-member is a relative of the member,
    - (ii) the member is not present,
    - (iii) the non-member has been authorised by the member in writing to secretary,
    - (iv) there is only one vote per member. eg (two Non-members can not vote under one members authorisation)

### **ALTERATION OF OBJECTS AND RULES**

26. (1) The statement of objects and these rules and/or by-laws may be altered, rescinded or added to only by a special resolution of the club.
- (2) Any amendment is subject to the approval of the Athletics New South Wales Ltd

## **PART 5**

### **MISCELLANEOUS**

#### **INSURANCE**

27. (1) The club shall effect and maintain insurance.

#### **FUNDS SOURCE**

28. (1) The funds of the club shall be derived from the entrance fees and annual subscriptions of members, donations and, subject to any resolution passed by the club in general meeting, such other sources as the committee determines.
- (2) All money received by the club shall be deposited as soon as practicable and without deduction to the credit of the club's bank account.
- (3) The club shall, as soon as practicable after receiving any money, issue an appropriate receipt.

## **NEPEAN DISTRICT ATHLETIC CLUB CONSTITUTION**

### **FUNDS - MANAGEMENT**

29. (1) Subject to any resolution passed by the club in general meeting, the funds of the club shall be used in pursuance of the objects of the club in such manner as the committee determines.
- (2) All cheques, draft, bills of exchange, promissory notes and other negotiable instruments shall be signed by any two (2) members of the committee, being members authorised to do so by the committee.
- (3) The club's financial year shall end on 31st March each year.

### **CUSTODY OF BOOKS ETC.**

30. Except as otherwise provided by these rules, the secretary shall keep in his or her custody under his or her control all records, books and other documents relating to the club.

### **INSPECTION OF BOOKS ETC.**

31. The records, books and other documents of the club shall be open to inspection, free of charge, by a member of the club at any reasonable hour.

### **SERVICE OF NOTICES**

32. (1) For the purpose of these rules, a notice may be served by or on behalf of the club upon any member either personally or by sending it by post to the member at the member's address shown in the register of members.
- (2) Where a document is sent to a person by properly addressing prepaying and posting to the person a letter containing the document, the document shall, unless the contrary is proved, be deemed for the purpose of these rules to have been served on the person at the time at which the letter would have been delivered in the ordinary course of post.

**Nepean District Athletic Club Inc. (NDAC)  
By Laws**

**PART 1**

**1. The Committee (see Annex)**

- (1) The executive shall consist of,
  - (a) President,
  - (b) Vice President,
  - (c) Secretary/Registrar and,
  - (d) Treasurer.
  
- (2) The office bearers shall consist of,
  - (a) Assistant Secretary/Registrar,
  - (b) Championships Officer,
  - (c) Equipment Officer,
  - (d) Records Officer,
  - (e) Publicity Officer,
  - (f) Point Score Officer,
  - (g) Uniforms Officer'
  - (h) Athlete's Delegate (Female) and,
  - (I) Athlete's Delegate (Male)
  
- (3) The ordinary members shall consist of,

a sub committee of six (6) members known as the Fund Raising Committee.

**2. Duties**

- (1) The President shall,
  - (a) Conduct committee meeting and general meetings in accordance with the Nepean District Athletics Club Inc. Constitution,
  - (b) Shall represent the club concerning legal matters.
  
- (2) The Vice President shall,

Act on the President's behalf in his absence.

## ***NEPEAN DISTRICT ATHLETIC CLUB CONSTITUTION***

- (3) The Secretary/Registrar shall
  - (a) Accurately record minutes to all meetings held in accordance with the constitution of Nepean District Athletics Club Inc.;
  - (b) Liaise with Athletics NSW Ltd in conjunction with all matters concerning NDAC;
  - (c) Attend competition concerning NDAC to collect fees for competition and liaise with club members;
  - (d) Collect registration fees from potential club member and maintain a club register of all members of the club in accordance with the constitution of NDAC;
  - (e) Liaise with the club treasurer to balance registration receipts and forward monies to Athletics NSW Ltd in conjunction with para 3d;
  
- (4) The Treasurer shall,
  - (a) Keep a detailed ledger of all receipts and payments transacted for the club,
  - (b) Issue receipts for all monies received for banking from the Secretary, Registrar, Championships, Social, Financial Affairs, etc., and arrange for those members to issue receipts for all monies they receive,
  - (c) Present at each monthly Meeting, a full summary of receipts and expenses for ratification,
  - (d) Present to each monthly Meeting, accounts received by the Club since the previous meeting to be passed for payment,
  - (e) Pay all accounts passed by the committee for payment, such payment to be made by cheque only,
  - (f) Arrange for three members of the committee to act as signatories, with any two to sign on all Club cheques, (except where two may be members of the same house-hold),
  - (g) Collect all competition and miscellaneous fees owing to the Club by members and bank within forty eight (48) hours. Arrangement can be made with the Secretary to bank if commitments are as such,
  - (h) Plan and implement all financial arrangements for Championships, Special Events and any other promotions organised by the Club,
  - (i) All Account Books including Petty Cash Book are to be audited by a qualified and independent person and a report submitted to the AGM, and
  - (j) Establish an account or accounts with a suitable bank or finance organisation.

## ***NEPEAN DISTRICT ATHLETIC CLUB CONSTITUTION***

- (5) The Assistant Secretary/Registrar shall,
  - (a) Assist in the duties of the Secretary/Registrar as appropriate.
  
- (6) The Championships Officer shall,
  - (a) Record and report on athlete's championship events;
  - (b) be responsible for and the allocation of, all NDAC team events.
  
- (7) The Equipment Officer shall,
  - (a) Maintain a register of all equipment in the care of NDAC;
  - (b) Be responsible for the equipment set-up and return on nominated NDAC competition.
  
- (8) The Records Officer shall,
  - (a) Maintain a register of all track and field records in the following categories:
    - (i) *Club Records:- (club record is a record of best performance in a particular age group in a particular event. This record can be created or broken at any Athletics NSW Ltd approved venue).*
    - (ii) *Ground Record:- ( Ground records are records of best performance in a particular age group in a particular event. This record can be created or broken only at Blair Oval St Marys).*
  
- (9) The Publicity Officer shall,
  - (a) Coordinate the issue of newsletters, to keep all members informed with the activities of the club;
  - (b) Liaise with local newspapers in relation to the successes of the club's and the results of the club's athletes.
  
- (10) The Point Score Officer shall,
  - (a) Maintain a record of points athletes score each week at Blair Zone and NDAC competition for the highest point score awards in the current season.
  
- (11) The Uniforms Officer shall
  - (a) Order and make available Club uniforms for sale.

***NEPEAN DISTRICT ATHLETIC CLUB CONSTITUTION***

(12) The Athlete's Delegate shall;

(a) Give representation on behalf of the athletes of NDAC.

(13) The Fund Raising Committee Shall;

(a) Attend fund raising meetings and participate in fund raising activities as determined by the fund raising committee.

(b) Elect a chairperson to coordinate the meetings.

(14) The Chairman of the Fund Raising Committee shall,

(a) be responsible to the Treasurer of the NDAC for,

(i) Submitting within forty eight (48) hours, funds raised

(ii) Maintaining a record of all funds raised by the Fund Raising Committee;

(iii) Record and itemise amounts of monies that have been forwarded to individual athletes and report at the AGM of NDAC;

## **PART 2**

### **3. Life Members**

- (1) Life membership is the highest award within NDAC that can be given to a member.
- (2) To keep the significance of this award at a high level NDAC shall pay the ANSW membership fee on behalf of the life member as long as the life member is active within the club.
- (3) Life membership can only be awarded at the end of season presentation activity.

### **4. Selection Criteria for Life Membership**

- (1) Nominations for life membership must be in writing and received by the Secretary 14 days prior to a NDAC General meeting.
- (2) To be eligible for Life Membership the nominee must to have been a NDAC Member for ten consecutive years.
- (3) Under extra ordinary conditions the NDAC committee may waive the criteria at para 4 (2) by the normal decision making process, at a committee meeting that is held in accordance with the NDAC Constitution. The waiver of para 4 (2) shall only be activated on individual circumstances.
- (4) Nominations must outline the following;
  - (a) Nominee's Name address and telephone number;
  - (b) Nominator's Name address and telephone number,
  - (c) Nominee's length of continuous membership with NDAC;
  - (d) Nominators reasons why the Nominee deserves to be a Life Member of NDAC.
- (5) Nominations approved by the NDAC Executive as complying with the requirements of para 4 (2) and para 4 (4) shall be adjudicated at a NDAC General meeting, by the normal decision making process with a 2/3 majority for the nomination to be carried.

**PART 3**

**5. Awards**

- (1) Club Championship, the highest aggregate point score gained at club championships for;
  - (a) U/12 Female;
  - (b) U/12 Male;
  - (c) U/14 Female;
  - (d) U/14 Male;
  - (e) U/16 Female;
  - (f) U/16 Male;
  - (g) U/18 Female;
  - (h) U/18 Male;
  - (i) U/20 Female;
  - (j) U/20 Male;
  - (k) Open Female;
  - (l) Open Male;
  - (m) Vets Female 30yrs to 39yrs;
  - (n) Vets Female 40 yrs & over
  - (o) Vets Male 35yrs to 44yrs
  - (p) Vets Male 45yrs & over;
- (2) Highest Club point score accumulated over the season;
  - (a) 1st--Highest point score Female;
  - (b) 2nd--Highest point score Female;
  - (c) 3rd--Highest point score Female;
  - (d) 1st--Highest point score Male;
  - (e) 2nd--Highest point score Male; and
  - (f) 3rd--Highest point score Male.
- (3) Highest Inter-district point score, Male and Female
- (4) Most improved athlete throughout the season. Female and Male. Determined by most number of improvements during NDAC competition.
- (5) Encouragement Award--Female and Male--awarded to the athlete who has shown determination and courage throughout the season and has participated not less than 50% of club competition throughout the season.
- (6) Club Member--award to a club member whom has displayed outstanding service to the club.
- (7) Best Sprinter (100m, 200m, 400m) Female and Male.
- (8) Best Middle Distance runner (800m, 1500m, 3000m, 5000m, 10000m) Female and Male.
- (9) Best Walker (1500m, 3000m, 5000m, 10000m, 20000m) Female and Male.
- (10) Best Jumper (Hurdles, High Jump, Long Jump, Triple Jump, Pole Vault) Female and Male.
- (11) Best thrower (Shot Putt, Hammer, Javelin, Discus) Female and Male.
- (12) Top Junior Club Athlete--U/12 to U/20 Female and Male. Based on NSW, Australian, and World rankings.



## **NEPEAN DISTRICT ATHLETIC CLUB CONSTITUTION**

- (13) Top Club Athlete--Open to Vet Female and Male. Based on NSW, Australian, and World rankings.
- (14) Veterans Award – Best results at State and /Nationals

### **PART 4**

#### **6. Transfers**

- (1) **In**
  - (i) Clearance from the Club transferring from shall be obtained by the transferee,
  - (ii) Transfer fee as nominated by Athletics NSW Ltd shall be paid by the transferee,
  - (iii) A Club fee as defined in para 9 (2) of NDAC Constitution shall be paid by the transferee.
- (2) **Out**
  - (i) The transferee shall obtain a clearance from the Club Secretary/Registrar prior to transfer.

### **PART 5**

#### **7. Uniform**

- (1) The colour content of the uniform shall be three colours;
  - (a) White;
  - (b) Blue; and
  - (c) Gold
- (2) The distribution of the colours shall be;
  - (a) Upper body white with blue stars;
  - (b) Mid body gold extending from left armpit to mid body; and
  - (c) lower body blue.
- (3) Uniform design as follows;
  - (a) One piece;
  - (b) Two piece consisting of the following combinations;
    - (i) Singlet, shorts;
    - (ii) Singlet, bike pants;
    - (iii) Female top, shorts;
    - (iv) Female top, bum huggers;
    - (v) Female top, bike pants;
    - (vi) Female half top, bum huggers;
    - (vii) Female half top, shorts; and
    - (viii) Female half top, bike pants.

NDAC Organisation Chart

